

International Institute of Medical Qigong

Clinical foundations of Medical Qigong Therapy

Seminar Syllabus Course P.3

32 Hours

Materializing and Dematerializing Energy:

The Three Levels of Ancient Daoist Mysticism; The Three Forms of Metaphysical Healing; Space and Time within the Wuji; Using Space and Time to Imprint Qi; The Four Functional Properties of Energy.

Reading Assignment: Chapter 26 (pages 499-504) [NEW: V3, Ch. 27 (p. 175-192)]
(Exercise: Creating, Imprinting, Feeling and Activating the Energy Ball)

Establishing the Medical Qigong Clinic:

Establishing a Safe Clinical Environment; Creating a Sacred Healing Space; The One through Ten Meditation; The Divine Hook-Up; Using Three Divine Invocations; Finding, Detaching, and Removing Energetic Cords; Disposing of Pathogenic Toxins; General Treatment Protocol.

Reading Assignment: Chapter 26 (pages 504-521) [NEW: V3, Ch. 28 (p. 213-238)]
(Exercise 1: Review of General Treatment Protocol)
(Exercise 2: Finding and Removing Energetic Cords)

Treating Multiple Patients; Ending the Treatment; Duration of Treatment Time; Proper Recuperation after Medical Qigong Treatment; The Duration of the Diseases Pattern (Li) and Energy (Qi) Reading Assignment: [NEW only: V3, Ch. 28 (p. 238-241)]

Precautions and Ethical Considerations for the Qigong Doctor

Avoiding Energetic Depletion; Preventing the Invasion of Turbid Qi; Removing Turbid Qi Invasion; and Energetic Protection Meditations

Reading Assignment: Chapter 28 (pages 527-534) [NEW: V3, Ch. 30 (p. 257-269)]
(Energetic Protection Meditation 1: The Wu Zang Meditation)
(Energetic Protection Meditation 2: Creating a Protective Force Field)
(Energetic Protection Meditation 3: Creating an Energetic Bubble)

Clinical Ethics

Conscious and Subconscious Clinical Interactions; Establishing Doctor and Patient Agreements; Power Dynamics and Ethical Behavior; Clinical Burnout; Energetic Boundary Invasion; Causes of Spiritual Dryness; When Not to Treat the Patient; Encountering Energetic Vampires; Establishing Realistic Training Goals; Progress and Sabotage; Overtraining.

Reading Assignment: Chapter 28 (pages 534-541) [NEW: V3, Ch. 30 (p. 269-281)]

Treatment Principles of Medical Qigong Therapy

The Three Wonders of Medical Qigong Therapy; Cautions for Medical Qigong Therapy

Reading Assignment: Chapter 29 (pages 545-549) [NEW: V3, Ch. 31 (p. 285-291)]

Balancing the Body's Energetic System

Tonification and Purgation Methods; Qi Regulation and Guiding Principles; Energy Balancing Procedures

Reading Assignment: Chapter 30 (pages 551-556) [NEW: V3, Ch. 32 (p. 293-303)]

Clinical Observations of Pathological Energetic Patterns

Locations of Energetic Blockages; Types of Energetic Complications; Patient's Energetic Facial Distortions; Patient Resistance to Energetic Therapy.

Reading Assignment: Chapter 30 (pages 556-564) [NEW: V3, Ch. 32 (p. 303-314)]
(Exercise: Finding the General Locations of Energetic Blockages)

Healing the Patient's Emotional Traumas

Five Levels of Feeling and Their Governing Organs; Wounding and Closing the Spirit; Coming out of Denial; Transference and Displaced Emotions; Stages of Emotional History and Resolution; Assisting the Patient in Establishing Healthy Boundaries;

Reading Assignment: Chapter 32 (pages 573-582) [NEW: V3, Ch. 34 (p. 339-353)]
(Exercise: Pulling Out the Pain Meditation)

Understanding Why a Patient Might Not Heal; Facing the Death of a Patient

Understanding Death; The Right of Spiritual Passage; After Death; The Energetic and Spiritual Realms

Reading Assignment: Chapter 32 (pages 582-586) [NEW: V3, Ch. 34 (p. 353-362)]

Energy Extension and Qi Manipulation Techniques

Various Hand Postures Used for Qi Emission

Reading Assignment: Chapter 33 (pages 589-599) [NEW: V3, Ch. 35 (p. 365-378)]

Qi Extension, Vibration and Advanced Emission Techniques

Reading Assignment: Chapter 34 (pages 601-606) [NEW: V3, Ch. 36 (p. 379-390)]
(Exercise 1: Linear Qi Extension Techniques)
(Exercise 2: Circulating and Spiraling Qi Extension Techniques)
(Exercise 3: Creating an Energetic Cast)

Qi Extension, Vibration and Advanced Emission (Continued)

Reading Assignment: Chapter 34 (pages 607-612) [V3, Ch. 36 (p. 390-399)]
(Exercise 4: Energetic Unwinding)
(Exercise 5: Energetic Cupping)
(Exercise 6: Qi Vibration Techniques)
(Exercise 7: Shaking Energy Technique)

Qi Extension, Vibration and Advanced Emission (Continued)

Reading Assignment: [NEW only: V3, Ch. 36 (p. 399-406)]
(Exercise 8: Creating a Divine Cord of Light Energetic Flow)
(Exercise 9: Creating an Energetic Ball of Light)
(Exercise 10: Collecting and Emitting Yang (Hot) and Yin (Cold) Energy)

Qi Extension, Vibration and Advanced Emission (Continued)

Reading Assignment: Chapter 34 (pages 612-617) [NEW: V3, Ch. 36 (p. 407-412)]
(Exercise 11: Emitting the Energy of the Five Elemental Organs)
(Exercise 12: Emitting the Energy of the Twelve Elemental Channels)

The “Invisible Needle” Theory and Application

Introduction to Invisible Needle Therapy; Creating the Invisible Needle; Depth and Angle of Needle Insertion; Invisible Needle Techniques; Removing the Invisible Needles and Ending the Treatment;

Reading Assignment: Chapter 35 (pages 619-622) [NEW: V3, Ch. 36 (p. 415-423)]
(Exercise: Invisible Needle Techniques)

Medical Qigong Massage and Tissue Regulation

Reading Assignment: Chapter 36 & Chapter 37 (pages 623-638) [NEW: V3, Ch. 38 (p. 425-455)]

The Five Elemental Qi Massage Therapy;

(Exercise 1: The Circle-Twisting Method)

(Exercise 2: The Compression Release Method)

(Exercise 3: The Thrusting Method)

(Exercise 4: The Grasping and Shaking Method)

(Exercise 5: The Tapping Method)

(Exercise 6: Energetic Point Therapy and Qi Massage; Rippling Point Therapy; Channel Point Treatments and Prescriptions; Clinical Diagnosis According to the Depth of Touch)

Sound and Color Projection Theory and Application

Reading Assignment: [NEW only: V3, Ch. 39 (p. 457-470)]

The Energy of the Breath (Wind); Sound Volume Projection; Audible and Inaudible Sound Resonance Projection; High, Middle, and Low-Pitched Sound Projection; Pulsating Sound Projection; Long and Sharp Exhalations; Sound Projection Treatments for Cancer.

Sound and Color Projection Theory and Application (Continued)

Reading Assignment: [NEW only: V3, Ch. 39 (p. 471-474)]

Projecting Eight Colors of Energy; Using Color Imagery; Increasing Color Sight